


DAYBREAK ADULT DAY SERVICES

July 2010

Our Mission: To Promote positive aging for older adults and to enhance the quality of life for all through programs, services and education.

Daily	Mon	Tue	Wed	Thu	Fri	Sat
7:00—Coffee & Breakfast Club 9:00—Staff Meeting 9:55—Fall Prevention Exercise 10:05—Current Events 10:10—Juice Break 10:20—Lap Walk 10:55—Small Groups 11:45—Lunch 12:15—Rest or Cards/Games 1:00—Kickball 1:30—Group Activities 2:30—Sittercise 3:00—Snack 3:15—Daily Review and Trivia 3:30—Group Activity 4:00—TV/Puzzles	Day Break will be Closed on Monday July 5th to celebrate Independence Day.			1 Creative Writing July Facts Garden Club Worship & Music	2 Patriotic Trivia Jackie Robinson Garden Club Music by Troy Mader	3 CLOSED
		6 Bible Study Trivia Baking Group Declaration of Ind.	7 BINGO Garden Club Ice Cream Penny Ante	8 Creative Writing Take my Advice Garden Club Worship & Music	9 Garden Club Courtyard Games Garden Club Family Feud Red Sky in Morning	10 OPEN 9:00—4:00 MAKE YOUR RESERVATION BY JULY 7TH
	12 Devotions Bill Cosby Uno Garden Club JINGO	13 Bible Study Courtyard Games Garden Club Music by; Ed Westberg	14 BINGO Outing to Storyland Theatre & Picnic at Tutt Hill Bastille Day	15 Creative Writing Peyton Anderson Craft Garden Club Worship & Music	16 Hand-bells American Cowboys Disneyland Garden Club Wii	17 CLOSED
	19 Devotions Family Rebellion Storms/Tire Swings Garden Club Hand-bells	20 Bible Study Moon Walk Westmall 7 Movie Day Bean Bag Toss	21 BINGO Garden Club Baby Food Contest Celebrate July Birthday's Today	22 Creative Writing Nelson Mandela Garden Club Worship & Music	23 Lighthouses Garden Club Courtyard Games Gorgeous Grandma Charades	24 OPEN 9:00—4:00 MAKE YOUR RESERVATION BY JULY 21ST
	26 Devotions Ben Franklin Grandma's Kitchen Tea Party Memory Lane	27 Bible Study Our Flag Uno Garden Club Music by V	28 BINGO Garden Club The Walton's Millionaire Game Craft	29 Creative Writing July 4th Garden Club Worship & Music	30 Adams/Jefferson Outing and Picnic at Trinity Heights in Sioux City DVD	31 CLOSED

**2300 W. 46th Street
 Sioux Falls, SD 57105**

**Phone: 605-336-6751
 Fax: 605-336-7471
 Email: dgross@cfag.org**

